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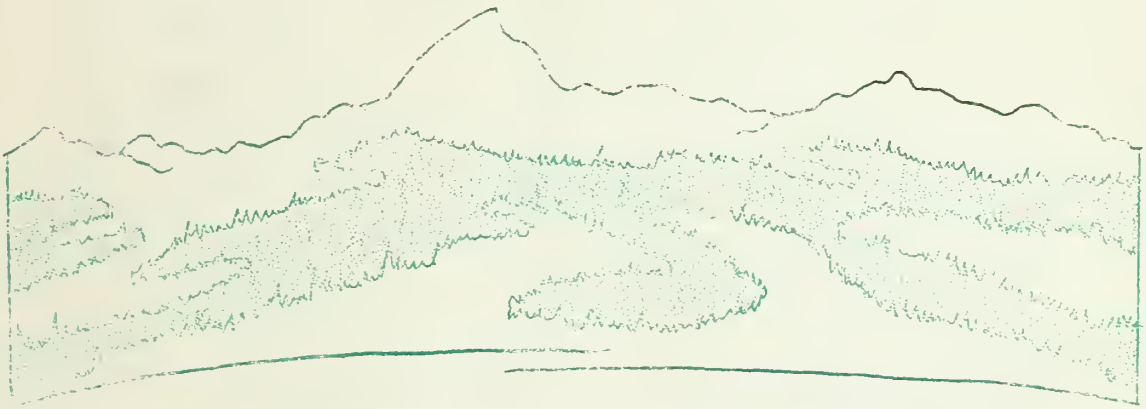
THE MONTANA MAVERICK



THE BIG SKY COUNTRY

WINTER ISSUE

1968

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THE MONTANA MAVERICK

A publication of Warm Springs State Hospital, Warm Springs, Montana

Stanley J. Rogers, M.D.--Superintendent

EDITORIAL STAFF

Mrs. Violet Beck----------Managing Editor

The Rev. Jay Confair

James Dick

Waldo Ekegren

Miguel Gracia, M.D.

Gregory Jacobs

Mrs. Ellen Lenihan, R.N.

Louis Wurl

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A MESSAGE FROM THE SUPERINTENDENT

" A NEW BUILDING--A NEW PHASE"

We are approaching the day when our newly acquired Multi-Purpose Building will be dedicated. Since the appropriations for its construction in the 1965 Legislature, we have had a variety of experiences from initial rough ideas to architectural sketches to finished design and, of course, actual construction. These steps have focused our attention in different ways but ultimately one is faced with not only conceptualizing a new building but inherently the new program and goals to be achieved through it.

It is demonstrative of our task in general--to take what we have, to re-build it or renovate it bringing to the new what is best of the old and planning for the new boldly and with foresight.

Our institution, now graced with a fine new addition, and with a proud landmark at its entrance, is entering a phase where transition will be the order of the day.

As our physical plant is renewed, our already changing treatment programs will be modified, expanded, redesigned until we can assure all those Montanan's who seek our help here in Warm Springs that their needs will be met and our resources are deep enough to so do.

Our appreciation to those administrators and legislators who have made this first of several accomplishments possible will be more than echoed by the 1400 resident patients and the over 2000 admissions coming to Warm Springs each year.

Stanley J. Rogers, M.D.
Superintendent

A NEW LANDMARK

An impressive landmark has been erected at the entrance to Warm Springs State Hospital. This is the first real identification provided for the facility since its establishment in 1877. At the request of Dr. Stanley Rogers, Superintendent, Mr. Charles Martin, Maintenance Supervisor, designed and supervised the sign's construction. Mr. Martin based the design on the existing sign at the Lewis and Clark Caverns. He obtained the original blueprints and identified some of the maintenance difficulties.

The result is a majestic 22 by 14 foot, seven and one quarter ton landmark; painted with gold lettering.

Those who have worked on the sfructure are:

Charles Martin	-	Maintenance Supervisor
Richard Tiddy	-	Head Carpenter
Ambrose Clemo	-	Carpenter
Louis Orrino	-	Carpenter
Willis Woods	-	Temp. Carpenter
Charles Abraham	-	Carpenter
Francis "Tiny" Sullivan		Head Painter
Jack Penny	-	Head Teamster
Henry Webking	-	Teamster
Jake Reichel	-	Head Gardener

The huge fir posts were taken from a whole tree 35 feet long and over 4 feet in diameter at the butt.

The larger post is 22 feet long with a depth of 8 feet in the ground.

The sign itself is of cedar wood. Embedded in the main pillar is a silver dollar donated by Mr. Ambrose Clemo and a description of the project, including the names of those involved.

Stanley J. Rogers, M.D.
Superintendent

MULTI-PURPOSE BUILDING COMPLETED

On March 29, 1968 the newly constructed Multi-Purpose Building at Warm Springs State Hospital will be dedicated. The opening of this facility brings to reality years of hope, months of planning, and weeks of construction work. The architectural firm of Hoiland-Zucconi of Great Falls designed the contemporary style structure. A red brick exterior was chosen to match the existing building that became a part of the total building and renovation project. Large amounts of gray cement-asbestos board and shingles were used in the upper wall and roof areas. The structure was designed to provide facilities for a variety of services under one roof. $350,000.00 was appropriated to build this therapeutic community center.

To the left, as one enters the east door, there is an attractive canteen that will serve refreshments to patients, employees, and visitors. Basically one large room, a preparation and service island, partially divides the canteen into two seating areas. Offices for the Protestant and Catholic chaplains are situated next to the canteen. A sacristy and storage units are part of the clergy office area. The church services will be held in the gymnasium, which will also be used as a theater, a dance hall, a large meeting room, and for other special occasions. The folding chairs needed for programs that require group seating will be stored on carts under the stage, when more active programs are carried on. A stage, dressing rooms, and storage areas are a part of the gymnasium complex. This includes an exercise room with rehabilitation equipment that will be utilized in a corrective exercise program. A library-lounge area, that will offer a quiet comfortable place for leisure reading, table games, and similar functions, makes up the last unit on the south side of the hall. A separate room will make it possible to listen to music or view television without distracting the readers.

Across the arcade to the north is the game room, where table tennis and pool will be available. At times this room will be used for meetings as well as for school functions. A unit of four occupational therapy shop rooms range along the north side of the building. These well-lighted rooms will provide space for ceramics, weaving, drawing, painting, and many other arts and crafts. One of the four rooms is designed as a home economics unit with a modern residential type kitchen and a dressmaking space adjacent to it. A wide arcade runs the length of the building from east to west and most rooms can be entered from this hallway. Along one section of the arcade are large bulletin boards that provide for the display of posters, painting and other items of interest.

The multiplicity of events that will be held in the gymnasium area presented a challenge in the illumination and acoustics. A large number of panels, suspended from the twenty foot high ceiling, at carefully selected angels, provides unusually good acoustical qualities for a room of this type. The lighting has the necessary flexibility that is needed in the gymnasium. The multi-purpose building provides a long needed facility for an expanding activities program. The environment is conducive to patient participation and involvement, as well as the encouragement of the staff to move into a more dynamic program of activity oriented programs.

Louis W. Wurl

NEW WORSHIP CENTER

The Chaplains at the State Hospital at Warm Springs anticipate the opening of the new all purpose building with happiness and joy, for it brings a bright and cheerful location for our Sunday Worship Services. The gymnasium and space area is designed to provide good accoustics for our particular needs so that our patients can turn from weekday physical exercises to Sunday spiritual exercises.

Mr. and Mrs. Ambrose Clemo of Anaconda, Montana have benevolently provided all new worship center equipment. Memorializing their parents, Harold and Ida Erickson and Ambrose J. and Prudence Clemo, Mr. and Mrs. Clemo have given a Communion Table, Lectern, Celebrants Chair and two ministers chairs, antependum for the Lectern, and risers to constitute an attractive and effective worship center in our new place of worship.

The woodwork of the worship center is handcrafted of oak and given a light finish to emphasize the brightness and blessedness of workship. Brass religious insignias, the Chi-Rho Monongram enhance the table, lectern and celebrants chair while the table indicates carved crosses on each corner. The upholstery on the chairs is a light gold and white weave. Antependia signifying the Christian Seasons—Violet, White, Red, and Green are brocaded with symbols of The Lamb of God, The Chi Rho, and Wheat signifying The Bread of Life. The hand made lighted lectern is designed to drape The Antependia.

A Cross and Candle Holders have also been donated by Mrs. June McCarthy and Mrs. Kathleen Ruchwardt in memory of their mother, Mrs.Timothy Kearney.

A special service of Ecumenical Worship conducted by Bishop Raymond J. Hunthausen, Catholic Diocese of Helena, Jackson E. Gilliam, President of the Montana Council of Churches, Father James Flynn, Catholic Chaplain at Warm Springs and Galen; Chaplain Jay Confair, Resident Protestant Chaplain at Warm Springs and W.L. Roset, Assistant Chaplain will initiate the new all purpose building for religious services as well as dedicate the new worship center on Sunday, March 31, 1968 at 10:00 A.M.

We are pleased with the beautiful furnishings which will enhance the services of worship each Sunday and we express our thanks to the Clemos for the benevolent generosity and to the State of Montana for making possible this brighter, better worship location in the new building. The Chaplains' Offices located in the new building are adjacent to the gymnasium-auitorium so we will look forward to welcoming one and all to the new building.

Your Servants In Christ
Jay Confair,
Protestant Chaplain

James Flynn,
Catholic Chaplain

LIBRARY SERVICE TO STATE INSTITUTIONS

The Montana State Library, located in Helena, Montana, has been approved as the State agency for the establishment or improvement of State institutional library services, both as to the professional and patient library.

There are eleven state institutions in Montana, serving an average resident population close to 4,000. Library service for training schools, reformatories, penal institutions, orphanages or hospitals is almost non-existent.

Under Title IV of the Library Service and Construction Act, money has been provided for the first time for institutional library service. In the past, most of the books have been made available through a collection acquired by gifts, resulting in a nondescript library. Now, professional guidance in training, planning, equipping and enlarging the service function of both the Medical and Patient Libraries will be provided by the Montana State Library staff in Helena and a Special Services Librarian, who will work directly with the institutions.

At the present time, the State Library staff is busy purchasing and selecting a collection of books and library furnishings for the Patient Library at Warm Springs State Hospital, which will be located in an attractive library setting in the new Multi-Purpose Building at Warm Springs. The library will be opened for use around the latter part of April.

Among the various library services which will be offered are the following:

1. A Professional Library--This is very important in working toward the main goal of better patient care.
2. A Patient Library.---Here library service must relate to the needs of the particular institution.
3. Library service to the Blind and the Physical Handicapped Readers. Reading materials are provided by the United States Government through the Library of Congress and are made available through regional libraries for the blind and physically handicapped. The Montana State Library is now one of these regional libraries.

The book collection consists of:

a. Talking Books (the latest and finest books and magazines on records)

b. Books on tape.

c. Large Print Books.—The program is available to residents of Montana. To qualify for this library service, an individual should secure a brief statement describing the characteristics of his physical disability and certifying his eligibility from such a competent authority as a doctor, registered nurse, professional staff member of a hospital or other institution or agency. The degree to which a person's vision or manual dexterity is impaired will determine his eligibility. The following are examples of physical

handicaps where muscle or nerve deterioration or paralysis might be present; cerebral palsy, multiple sclerosis, muscular dystrophy, arthritis, infantile paralysis, myasthenia gravis and diplegia. Library service to an individual begins when the Montana State Library receives the certification of disability. There is no charge for library service to the blind or handicapped readers. The books and machines are sent postage free to the borrowers and are returned in the same manner.

4. Film Service--This film service is paid by the State Library, but has its headquarters in the Great Falls Public Library, Great Falls, Montana. A card catalogue of films is available in the Medical Library here.
5. Access to 100,000 books, located in the State Library in Helena. Readers having a special interest will be supplied directly by the State Library at Warm Springs State Hospital.
6. Interlibrary Loan.--This service has made effective use of the vast medical collection of the National Library of Medicine in Bethesda, Maryland, especially photoprints.

The services that should be available in libraries are as important as the resources contained therein. The future of the libraries depends upon a comprehension of their needs and functions, and the enthusiasm to provide the means and personnel by which the functions can be carried out properly.

Mrs. Ruth O. Longwerth, Librarian, Montana State Library, 930 East Lyndale Avenue, Helena, Montana, (59601) is the state contact agent for this program.

James Flick
Special Services Librarian
Montana State Library

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IN-SERVICE EDUCATION

A fifteen week course in "Care of the Chronic Psychotic Patient" began February 5, 1968. Twenty-three employees enrolled. Thirteen of these employees completed a five day workshop in "Remotivation" and began their twelve weekly sessions with assigned groups of patients.

On February 19, 1968 a tea was held in honor of the workshop participants. Dr. Stanley J. Rogers, Superintendent, presented Remotivation booklets to: Betty Kezios, Gabriel Suarez, Geraldine Perkins, Donald Hogue, Edward Haffman, Patricia Kruk, Arthur Kruk, Betty Marker, John Marker, Ava Forrest, William Forrest, Jerry Turner and Robert Bethke.

A one to one relationship with a selected patient, group experience in their own class group, and an approach to reinforcement therapy are other activities that will carry this group in classes to May 17, 1968.

In-Service Education
Kay Slezak

INDUSTRIAL THERAPY PROJECT PAYROLL

November 15, 1967 saw the initiation of an Industrial Therapy Project Payroll. Since it has now been in effect for several months the initial confusion of administering the program has leveled off, and it has become an accepted fact that on the 15th of each month long term patients who have successfully carried out their assignment during the previous month will receive Canteen cards.

The biggest single problem in administering the program has been in getting objective evaluations from the industrial supervisors. This attitude has been rectified by spending more time with the supervisors in comparing job situations, using as guidelines; the amount of production, the actual working hours, their dependability, punctuality, personal appearance and general attitudes of the patient employees.

From the beginning the patients have eagerly looked forward to receiving their canteen cards. Many of them have chosen to work more hours for an increased number of cards. There has been some improvement in personal appearance of the patients especially where it has been stressed by employees. There are several patients who have never shown an interest in working that are now performing more effectively because of the pay program.

The amount of job changing for the long term patient has shown a definite decrease. The "job hoppers" are apparently more interested in maintaining one job and getting paid than in continuously changing.

The purpose of the project is to motivate patients into more productive activity and in some cases to motivate inactive patients into the Industrial Program. This project creates a more normal situation for working patients by showing appreciation through monetary reward. It has therapeutic value in encouraging improved personal appearance and social behavior as well as teaching patients to spend wisely and carefully.

Canteen cards are issued the 15th of each month in the amounts of one, two and three dollars. The amount given each patient varies in accordance with the amount of productive activity, assumed responsibility, cooperation and effort made in job attendance.

Patients are required to work a minimum of six weeks in the Industrial Program before an evaluation is made. This eliminates short term admissions and stimulates adjustment to a given assignment. Patients must work a full month on the same assignment to be considered eligible for a canteen card.

Janet Butorovich,
Industrial Therapy

DIVISION OF VOCATIONAL REHABILITATION SERVICES

The vocational rehabilitation counselor at Warm Springs State Hospital is responsible for providing services to the handicapped individuals of Deer Lodge, Powell and Granite Counties. This includes, of course, this hospital, Galen State Hospital and Montana State Prison.

To be eligible, for services the applicant must have a physical or emotional disability, that is a handicap to employment. One can be eligible and still not receive services because he may not be considered feasible. Such factors as this, being too old, or having too severe a problem, or simply having a poor attitude may make it impossible to attempt rehabilitation services with the individual.

If the person is accepted for services the counselor can provide guidance and counseling, arrange for job interviews, employment testing and on-the-job training. If indicated, training and training supplies can be provided and/or physical restoration which may include surgery, hospitalization, corrective therapy or prosthetic appliances.

As of the first of January this three-county office had fifty-six handicapped individuals receiving training--forty-three in colleges or universities--five in business college and eight in trade schools. There were eight clients, as of the above date, receiving physical restoration services. This includes two surgeries, two hospitalizations and the purchase of two hearing aids and two wheelchairs. There were 106 active cases in the Warm Springs Project which consists of eighty-four discharged persons who have applied or are currently receiving services throughout the state and twenty-two clients who are being evaluated and are still in the hospital.

I will continue to make every endeavor to work closely with the hospital staff and those patients who they feel are eligible and feasible clients for referral to the Division of Vocational Rehabilitation.

Charles McCarthy,
Counselor

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REMOTIVATION TECHNIQUES PRESENTED

In Wolf Point, Montana, March 13, 1968, Mrs. Doris Flink, R.N. and Miss Kay Slezak, R.N. introduced the "Remotivation Technique" at a workshop held for Directors of Nursing Homes. Nursing Home Areas represented were Glasgow, Wolf Point, Poplar and Plentywood. This is the second week in their series of workshops. Rehabilitation for the aged is being stressed. Mrs. Flink and Miss Slezak will be presenting similar sessions at Billings, March 20, 1968; Great Falls, April 10, 1968 and Missoula, April 17, 1968.

Kay Slezak